Greetings from the Emory ALS Center Team,

Although summer is upon us, our team is always engaged in working to help make living with ALS better for you, and striving for treatments, answers, and solutions. We hope to see many of you at the **ALS Educational Symposium - Living for Today, Learning for Tomorrow on June 21, 2014** at the Cobb Energy Centre. You can still register from the link to the left under calendar listings! Here is the [event brochure](#).

In this issue you’ll find a summary of a recent presentation by Dr. Glass at the annual meeting of the **European Network for the Cure of ALS (ENCALS)**, great tips for **oral care for pALS**, and information about past and upcoming **events benefiting our center**. We extend our heartfelt thanks to all of you who came to the FIESTA 5k/15k Challenge in May - it was a beautiful morning, a lot of fun, and another huge success.

For the past several years, we have sent one or two of our Emory ALS Center team to the **International Symposium on ALS/MND**. The symposium is always in early December and we would love to be able to have our entire team go to this important conference. Scroll down to see how you might be able to help make that happen.

Our [website](#) is a comprehensive tool for you to stay up to date, and we hope that you are following us on [Facebook](#) as well.

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**Research News**

**Dr. Jonathan Glass**, Director of the Emory ALS Center was the Thierry Latran Foundation invited speaker at the recent annual meeting of the **European Network for the Cure of ALS (ENCALS)** in Leuven, Belgium. A review of Dr. Glass' presentation titled "Stem Cell Therapy for ALS: Theory and Practice" was published in the ALS Forum.

12th Annual ENCALS Meeting: Stem Cell Therapy for ALS: Theory and Practice
June 4, 2014

Dr. Neta Zach, Chief Scientific Officer of Prize4Life-Israel, attended the European Network for a Cure for ALS (ENCALS) Meeting on May 22-24th in Leuven, Belgium, and brings us the highlights of an intriguing presentation by Jonathan Glass, M.D., the invited speaker of the Thierry Latran Foundation and Professor, Neurology and Pathology, Emory University School of Medicine, Atlanta, Georgia on "Stem Cell Therapy for ALS: Theory and Practice".

ALS patients often approach their physicians and request treatment with stem cell therapy. Despite the fact that these treatments are still unapproved and information is still lacking about their safety and efficacy, they are almost magically attractive to patients. But what are the facts about the benefits of stem cell therapy?

The notion of stem cells dates back well before DNA, to the idea of the Stammzellen suggested by Biologist Ernst Haeckl, who studied the evolution of cells in the 18th century. The first actual stem cells were isolated in 1981.

Read the entire article here...

SkyMiles for Emory!

You Can Help Our Team Attend

Each year one or two members of our Emory team attend the International Symposium on ALS/MND. This year's symposium is in early December and we would like to be able for our entire team to have the opportunity to attend. We are looking for frequent flyer miles to help fly our 10 team members to Belgium for the meeting. If you are able to donate any Skymiles to sponsor a member of our team, please contact Karen Duffy.

Oral Care for the ALS Patient
Honor or Memorial Giving

Charitable giving helps bring positive change to medical research and patient care. In both these venues, progress requires funding for people to generate the ideas and do the work, and for materials and equipment that are essential for accomplishing our goals. You can celebrate the life of a loved one through honorary or memorial gifts. Donations can be made online or via direct mail. CLICK HERE to make your gift today.

Teeth-Tongue-Breath-Gums
By Mary Beth Geise

ALS patients may find one of their symptoms is slurred speech. Weakness of the tongue may show itself towards the end of the day and strangers may think the ALS patient has been drinking alcohol. This oral weakness may be accompanied by uncontrolled outburst of tears or laughter known as pseudo-bulbar affect. Hyper salivation may also accompany this oral problem. The good news is: Your doctor may be able to prescribe medication to help!

So let's care for your mouth now.

Electric toothbrushes with their thick handles allow the patient to hold on easier. The brushes' up/down movement makes the job simpler. If this vibrating toothbrush sends your mouth into spasms - then try thickening the handle of ordinary toothbrush with pipe insulation from hardware store. (it works well on pencils, pen and eating utensils too).

Oxyfresh is a dental product I recommend for patients. The toothpaste and mouthwash have no alcohol or sugar. The tongue scraper is plastic and can easily scrub down the tongue taking all the phlegm, bacteria and foul coating off the tongue. Perfect time to use the mouthwash which leaves the mouth feeling "squeaky clean" and halitosis breath gone. One wife reported to me that once her husband started to use these products - she could kiss him again. Try the travel kit to see if you like them (www.oxyfresh.com/dental or call 1-800-333-7374 Travel kits #669/670 use my code *180695743).

Lips: Medication to dry saliva can leave lips dry or even sticking to the front teeth. Use lip balm often and try Vaseline on front teeth.

If you use a suction machine frequently and/or have trouble swallowing another option may be using oral hygiene equipment designed for your suction machine. www.sageproducts.com. Some of the toothettes(basically disposable foam toothbrushes) can be attached to your home suction machine.

After trying these tricks from "the ALS nurse" you may find you are ready for a close encounter of the best kind!
Plan Ahead for Fall Events Supporting Our Center

There are two events coming up in the fall that **directly benefit the Emory ALS Center**. Information on both is below and we invite you to support by participating, sponsoring, or volunteering.

**Terance Mathis Celebrity Golf Classic - September 15, 2014**

Join us for a great day of golf and ALS Awareness. The **2nd annual Terance Mathis Celebrity Golf Classic** will be held at **Alpharetta Athletic Club** in Alpharetta, GA on Monday, September 15, 2014. Hosted by the former All-American and Pro Bowl wide receiver, golfers in threesomes will be grouped with celebrity team captains from the NFL, MLB, other sports and the Atlanta area for a shotgun start at 10:00am. Lunch will be provided and there will be fun contests on the course. An awards reception will follow the round. The Title Sponsor for this event is **GoWaiter.com**. Additional sponsor opportunities are available and groups and individuals can [register online HERE](#).

[CLICK HERE](#) to download the event flyer.

**5th Annual Run for Jeremy 5K - October 4, 2014**

**Run for Jeremy is a 5k** race that was started in 2010 in honor of **Jeremy Williams**, former football coach of Greenville High School. Friends of the Williams family are the organizers of this event that brings out the entire community. Runners from all over Georgia, others from Alabama, pay tribute to Jeremy by running for the Emory ALS Center. Join us at **Harris County High School** in Hamilton, GA on Saturday, October 4, 2014.

You can [REGISTER](#) or download the **Sponsor Package HERE**.
The financial needs at the Emory ALS Center are great in both research and clinical care. Research drives the clinic -- and the clinical care of patients drives the research. Both are necessary to solve the mysteries of the disease and discover treatments and an eventual cure. Funds are needed for clinical trials and research studies, and also for staffing, therapy, and space needs in the ALS clinic. We hope that you will participate and support the upcoming events that directly benefit our center. **We need you to get involved because YOU are part of our team!** Make sure to check the [How You Can Help](#) page on our website for updated details and announcements.

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You have been included in this newsletter as a service we offer at the Emory ALS Center. You will receive our quarterly newsletter, notification of upcoming conferences, symposiums, and special events. If you prefer not to be on this list, please contact Karen Duffy to be removed. No other person on the list is able to view your address and your information will not be shared.

[Forward this email](mailto:teamduffy@gmail.com)